



Jan Heckscher Solutions

CAPACITY TO THRIVE

INTRODUCTION TO JAN HECKSCHER SOLUTIONS

Jan is a highly experienced Melbourne-based executive coach working with local, national and international clients. Jan has successfully run her own practice for over 20 years. A Fellow of the Institute of Managers and Leaders, Jan is also an accredited practitioner in several methodologies which support leadership development, emotional resilience and well-being.

AN OPPORTUNITY TO ACHIEVE REAL CHANGE

ABOUT JAN HECKSCHER SOLUTIONS

Jan is a dynamic and adaptable coach committed to making a real difference for her clients. She brings a unique mix of experience and insight which benefits individuals, the wider team and entire organisation. Jan focuses on providing solutions relevant to the difficulties and opportunities present in the work environment.

As a facilitator of leadership development, Jan draws upon a vast suite of practical tools and techniques designed to significantly enhance self-awareness and align behaviours with positive outcomes. Clients become more grounded, experience increased motivation and a greater degree of empowerment and leadership capability.

Online coaching sessions are also available.



Fellow, Institute of Managers and Leaders (FIML)

Accredited Practitioner, Life Styles Inventory (LSI)

Accredited Practitioner, Global Leadership Wellness Survey (GLWS)

Accredited Practitioner, Everything DISC

PARTNERING WITH JAN HECKSCHER SOLUTIONS

Jan applies the highest levels of integrity and authenticity to her work as coach, confidante and guide. She works intuitively to meet people where they are at, building trust and respect while providing a safe and confidential environment.

With deep listening skills and passion for her work, Jan is committed to helping develop and maximise potential. Jan has a wealth of experience across a wide range of industries.

Organisations partnered with include:

BP (Asia Pacific); Telstra; KPMG; nbn; CitiPower; Key Independent Schools; Victoria University; Cabrini Hospital; Australian Institute of Management; Tourism Queensland; Walt Disney; Minter Ellison.

WORKPLACE WELLBEING

Using an holistic approach to leadership and wellness in the workplace, Jan also offers energy balancing sessions incorporating Reiki. These sessions significantly support an individual's sense of balance and their mental, physical and emotional wellbeing. Experience shows that personal wellbeing is a major contributor to improved workplace relationships, business success and enhanced life satisfaction.

WHAT CLIENTS SAY ABOUT JAN

“Jan has a unique ability to combine a very professional approach with a great deal of warmth and empathy”

RW, Executive Manager

“The benefits to our business and staff morale have been fantastic”

TS, National Business Development Manager

“Working with Jan provided me with powerful learning experiences that enhanced my leadership capability ... Several executive staff found working with Jan to be life changing.”

JC, School Principal

“My staff came out of the sessions with Jan inspired, rejuvenated and holding onto new skills that have enabled them to work more professionally.”

SA, Head of Client Services

“Her standard and professional work has directly contributed to the profitable performance of this business”

MK, HR Director



**Jan
Heckscher
Solutions**

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